



BAREFOOT GARDENS

CSA Harvest Share

BAREFOOT GARDENS

*Community Supported
Fruits, Vegetables, Flowers,
Herbs & Eggs*

Barefoot Gardens is a small scale community-centered farm based upon biodynamic and organic farming methods.

It is our goal to provide our community with high quality food while promoting the benefits of regenerative ecology.

We believe that good health & healthy communities have their roots in sustainable agricultural practices. Our farm will directly serve the community through a Community Supported Agriculture (CSA) produce membership program. Our CSA is slowly expanding as the soil and our skills are improving.

A CSA partnership between our farm and the Central Bucks Community will provide a direct link between the production and consumption of food, with the understanding that the healthiest food is grown locally and organically. Our CSA will strive to: develop a regional food source and contribute to a strong local economy; encourage healthy land stewardship; maintain a stable relationship between rural and urban communities; and, promote the renaissance of the small family farm as a way of life.

We believe that a "garden" is a more appropriate term to describe our ideal operation. We hope to create a collection of gardens, forming a small circle of mini-ecosystems complementing each other (croplands, riparian zones, permanent pasture & forest) that will support our family, our animals, and our neighbors. We will be building the tilth of the soil and healing the immediate environment while feeding ourselves and others.

The Farm, as an organism, needs to develop with sustainability in the forefront of our every action. We will start out small and continue to develop and grow our farm the way our ancestors did; slowly, with patience and without over-extending ourselves in the process. We will plan, build and cultivate our farm with future generations in mind.

Just as important as the food we grow, is the community in which we live. There is a beautiful relationship between people and food which can be fostered to strengthen our next generations. Barefoot Gardens will attempt to provide for the basis of a lifestyle which is not dependant upon the aggressive tactics and consumeristic demands of the global economy.

Throughout everything we do, we will remain dedicated to quality and the concept of the farm as a living organism.



Whole food is a great foundation for improving and sustaining the quality of life and spirit. For the upcoming year, 2012, we will have a growing variety of vegetables, herbs, flowers and fruit to offer. We will be in our fifth year of operation and are now complete with a lot of the initial farm infrastructure so we can better focus on growing vegetables for you.

A farm, as an organism, cannot be whole without animals. Animals provide the necessary life and connection that weave the farm fabric together. We cannot see farming without animals and have an assortment of Heritage Breed Chickens for fresh eggs and in a few years, are hoping to add other farm animals to complete the circle of fertility, form, function & food.



Medicinal and culinary herbs will be grown on the farm as well. Personal and spiritual health is directly related to what we eat, drink and how we interact with our surroundings, and herbs are an integral part of this balanced system.

Throughout all of this we will attempt to promote ecological harmony within all aspects of our farm. A wide variety of native plants and flowers will be grown to provide wildlife habitat and to help balance the impact of agricultural uses of the land.



CSA Information

Eating locally in Bucks County means that the harvest will reflect the seasons. The first few spring harvests will be light and consist primarily of cool-weather crops. Summer harvests should be substantial, bringing juicy warm-weather fruits and vegetables. We hope the fall will be marked by a great abundance and diversity of crops.

In a typical season you can expect to receive more than the projected amounts of some crops and less than the projected amounts of others as a result of weather and other factors.

The year 2012 will be our fifth year farming. We are continuing to build up the soil structure, tilth and fertility by using green manures, compost, cover crops & the BD Preparations. We hope that within the first few years the farms foundation, the soil, will be improved to the point of sustaining our CSA Community and improve the crops we grow for you.

Annual Farm Enrollment

[Returning Member \$620] [New Member \$655]

Annual Membership w/Barefoot Gardens provides you with an opportunity to become involved in all stages of the farms activities. This will be your farm as much as it is ours. You will be investing in the successes as well as sharing in the disappointments that are associated with agriculture. Annual Farm Membership will help with providing an up-front working capital to begin ordering seeds & supplies for the upcoming season.

Every week throughout the growing season beginning in June & continuing through October (roughly 20+ weeks) we will pack shares of the harvest for distribution to our members through a centralized local drop-off site in Doylestown. A share should provide enough vegetables for several meals, depending on individual eating habits. Harvest Shares will provide a large variety of traditional and specialty vegetables, medicinal & culinary herbs as well as sun-ripened fruit. Shares will include storage vegetables (potatoes, onions, and winter squash) in autumn, providing nourishment for several weeks beyond the end of the standard season.

Anticipated Availability of Crops

Spring Crops

Green Onions, Asian Greens, Scallions, Herbs (Mint, tarragon, parsley), Lettuce, Mustard Greens, Garlic Scapes, Peas, Radishes, Cabbage, Spinach, Wild Greens (Lambs quarters, watercress, nettles, mustards) Strawberries!!

Summer Crops

Beets, Carrots, Cucumbers, Eggplant, Fennel, Garlic, Green Beans, Herbs (Basil, cilantro, rosemary, tarragon, mint, thyme, oregano, savory and many more...), Kohlrabi, Melons, Peppers, Potatoes, Tomatoes, Tomatillos, Summer Squash, Swiss Chard and more!

Fall Crops

Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Collards, Garlic, Herbs (All of the above and then some), Kale, Parsnips, Potatoes, Pumpkins, Rutabagas, Swiss Chard & Winter Squash!

Egg Share

The chickens are quite productive and have been laying the best eggs ever! Our spring Egg Share runs Mid February through May & the Main Season Egg Share runs June through October. See the Egg Share flyer for additional details.

Barefoot Gardens is dedicated to walking lightly on the Earth, to speaking the truth, and to being conscious of the impact we have on each other and those around us.

Contact Information

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